



## Virginia Amateur Sports, INC

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[www.CommonwealthGames.org](http://www.CommonwealthGames.org)

### FOR IMMEDIATE RELEASE

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The 2016 Virginia Commonwealth Games at Liberty University are kicking off this weekend. This year's Judo competition will be held April 16 at the LaHaye Recreation Center. Day of Registration is available for the Judo competition, so it's not too late to compete for a medal.

If Judo doesn't pump you up we suggest participating in one of our other sports. On April 9<sup>th</sup> many athletes will be participating in the Baton Twirling competition. We'll be speeding up the pace at the end of the month with Ice Hockey on April 23<sup>rd</sup>. We hope to see you at one of these starting events of the Games!

This marks the 27<sup>th</sup> Anniversary for the Virginia Commonwealth Games and Virginia Amateur Sports (VAS). Join in the competition by choosing from over 60 sports to participate in from April through November in various areas of the state including Lynchburg, Roanoke and Virginia Beach. Registration is OPEN so sign up today!

Since its inception in 1990, more than 225,000 athletes have competed in the Games making it one of the most participated sporting events in the state. The Virginia Commonwealth Games at Liberty University and VAS encourages and promotes healthy lifestyles through competition. Athletes of all ages compete every year and go to show that it is never too early or too late to play your game.

2016 Main Games Weekend is July 22-24, which kicks off at Liberty University on Friday, July 22 with the Athlete Tailgate Party including a picnic, interactive games, music, prizes and more. Liberty University will also be opening their ice rink, Snowflex, swimming pool and more for this special event. Following will be the Opening Ceremonies, including a US Olympic medal winner, Miss Virginia, the lighting of the Olympic torch and the parade of athletes.

Presented by Papa John's, Glass & Associates, WSET, Blue Eagle Credit Union, Local Ford Dealer, AREVA, and the City of Lynchburg.

For more information on the Games or to register, visit: [www.CommonwealthGames.org](http://www.CommonwealthGames.org).

*Member of the National Congress of State Games – learn more at [www.stategames.org](http://www.stategames.org)*

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