

## Virginia Amateur Sports, INC

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www.CommonwealthGames.org

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## FOR IMMEDIATE RELEASE

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Director of Operations

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## Virginia's State Games All Star Baseball Try-out Information

All Star Tournament to be held July 17-19 in Salem

The Subway Commonwealth Games, organized by Virginia Amateur Sports, has announced try-out dates for the 2015 All-Star Baseball regional teams. The top 15-17 year old high school players in Virginia will represent four regions of the state in an eight game playoff. College coaches and Major League scouts are invited and attend this annual showcase. All high school 9th, 10th and 11th grade players are encouraged to enter in the selection process. To confirm dates due to weather or other conditions, please contact the regional coach. Notable tournament alumni include Justin Verlander, David Wright, BJ Upton, Justin Upton, Ryan Zimmerman and others.

West Team Tryouts: Coach Spradlin 540-556-3143 May 10th 1:00 PM Pulaski H. S.

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May 17th 1:00 PM Forest Middle School

North Team Tryouts: Coach Covington 703-203-6939, mscov@comcast.net

June 14 9:00 AM Potomac H. S. Field

June 20 9:00 AM Potomac H. S. Field

East Team Tryouts: Coach Ingram 757-342-8162

June 7 1:00 PM Nansemond River H. S.

June 14 1:00 PM Nansemond River H. S.

Central Team: Coach Pelot ----- 804-387-2447

Regional coaches will invite nominated area players to a workout. If not contacted and you are interested in trying out or to nominate a player, please call Coach Pelot.

Since its inception in 1990, more than 220,000 athletes have competed in the Subway Commonwealth Games of Virginia, annual multi-sport festival making it one of the most attended sporting events in the state. The All-Star Baseball tournament is one of nearly 60 sports offered as part of the Subway Games.

Participants can get registration information at <a href="www.CommonwealthGames.org">www.CommonwealthGames.org</a>. The Subway Commonwealth Games and VAS encourages and promotes healthy lifestyles through competition. The Games help in the fight against childhood obesity and promotes active lifestyles for people of all ages.

For more information on the Games, including images for download, visit: <a href="www.CommonwealthGames.org/news">www.CommonwealthGames.org/news</a>

Member of the National Congress of State Games – learn more at www.stategames.org