



Sanction #:30651



Virginia Commonwealth Games
June 17-19, 2022
Tidewater Figure Skating Club
Chilled Ponds Ice Sports Complex, 1416 Stephanie Way, Chesapeake, VA 23320
[Official Event Website & Registration](#)

The Commonwealth Games of Virginia will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and who are currently registered member of a U.S. Figure Skating member club, a collegiate club or who is an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. citizens.

COVID-19 EVENT POLICIES:

Face coverings are required to be worn indoors by ALL persons (including fully vaccinated persons)

attending any U.S. Figure Skating sanctioned event or activity despite of local, state or facility policies. Review the full update [here](#). Exceptions:

- Athletes practicing or competing on the ice.
- Warming up outside.

Currently, Social Distancing must be maintained at all times. The CDC recommends a distance of 6 feet and separate pathways will be established within the venue minimizing crossover and contamination, if necessary.

All individuals who enter the Chilled Ponds Ice Sports Complex to participate in the Commonwealth Games of Virginia, as a competitor, coach, chaperone, spectator, official or volunteer, agree as a condition of entry to adhere to the Covid-19 Code of Conduct in place at the time of the competition. Any changes will be updated on the competition website.

Chaperones/Spectators: Athletes 17 years and younger will be permitted one chaperone. Per US Figure



Skating SkateSafe regulations, a chaperone must be 18 years or older and an immediate family member. Spectators will be permitted in accordance with state capacity limits in place at the time of the competition. The LOC reserves the right to limit spectators should local or state government impose new restrictions. The LOC also reserves the right to limit the number of coaches per athlete should local or state government impose new restrictions.

Covid-19 Protocol Updates: The LOC will post updates to the Tidewater Figure Skating Club website Commonwealth Games page if changes in public health conditions require modification of our Covid-19 policies prior to the competition.

Adult Competition Series: Adult 1-6, adult beginner, adult high beginner, adult pre-bronze and adult bronze program/free skate events that meet Adult Competition Series guidelines are offered at this competition. Adult Competition Series participants must submit a photo, scanned copy, email attachment or screenshot of the results sheet to adultcompetitionservices@gmail.com by the deadline published in the most recent [Adult Competition Series Handbook](#) to receive credit and series points.

ELIGIBILITY/TEST LEVEL:

Test Level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Note, "skating up" is at the discretion of LOC and athletes may not skate down in any event.

Age restrictions/requirements: Singles free skate events (well-balanced program) have the following requirements:

Juvenile: Girls – 12 years or younger; Boys – 13 years or younger
Open Juvenile: Girls – 13 years or older; Boys – 14 years or older
Intermediate must be under the age of 18
Adults must be 21 years or older

Skaters entering pre-juvenile and lower events will be divided as closely as possible by age should the number of entries warrant more than one group.

ADULT EVENTS:

Age classes for all free skate and showcase events:

- Young Adult: 18 years through 20 years
- Class I: 21 years through 35 years
- Class II: 36 years through 45 years
- Class III: 46 years through 55 years
- Class IV: 56 years through 65 years
- Class V: 66 years and older

All age classes may be divided or combined depending on the number of entries and at the discretion of the chief referee and/or the competition committee. Men and ladies will be combined through the adult bronze free skate events (based on the Adult Competition Series rules) and all levels of showcase events. Men and

ladies will not be combined in Adult Silver and higher free skate events. The chief referee reserves the right to request proof of age.

COMPETITION REGISTRATION:

Entries will only be accepted online at www.entryeeze.com with credit card only. Please complete your registration carefully; any changes that must be made to a skater's registration will be assessed a \$25 change fee.

Registration Deadline: May 1, 2022 at 10:00pm ET

Late Registration Deadline: May 8, 2022 at 10:00pm ET + \$50 Late Fee

FOREIGN SKATERS:

Non-U.S. skaters intending to register for this competition must set up a non-member account prior to registering for the competition ([click here for HOW TO](#)). This can be done by choosing the "Create Account (Non-Member)" option on the [Members Only](#) login page.

IF OFFERING – PAIRS/DANCE/DUETS/SHADOW DANCE:

PARTNERED EVENTS:

Both partners will complete registration for the team. During the registration process, you will be asked to identify your partner and verify their test information. One partner will be responsible for managing all aspects of the competition for the team including music/PPC upload, practice ice sales, etc.

For Showcase Duets/Trios – one person will be the team contact, name the team, indicate the number of skaters, and then roster the team members. All Team members must be listed on the roster. The team contact will see the schedule and they will manage practice ice for the team.

Mandatory Athletes:

Athletes age 18+ as of the competition start date who will be competing on a team (i.e. synchro, dance, pairs, shadow dance, theatre, etc.) with at least one minor athlete must complete SafeSport training. *

Minor Athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be SafeSport compliant until they have completed the training and their Members Only portal reflects completion. Please email safesport@usfigureskating.org for instructions or questions regarding parental consent.

REGISTRATION FEES:

1st IJS event: \$150

2nd IJS event: \$85

3rd IJS event: \$60

1st 6.0 event: \$115

2nd 6.0 event: \$60

3rd 6.0 event: \$35

1st Compete USA event: \$65

Any additional Compete USA event: \$35

REFUND POLICY: Entry fees will not be refunded after May 1, 2022, unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals.

SCHEDULE: Competitors may be scheduled on any day or time during the announced dates of the competition. The competition and practice ice schedule will be available after the close of entries. All participants will be notified via email once available.

FACILITIES: The competition will be held at Chilled Ponds Ice Sports Complex 1416 Stephanie Way Chesapeake, VA 23320 (www.chilledponds.com). This is a two-surface facility, both NHL size surfaces with slightly rounded corners, as well as 8 locker rooms and a snack bar. Rink is generally cold! There is adequate free parking in front of the Complex.

MUSIC UPLOAD:

DEADLINE: June 1, 2022 at 10pm ET (\$25 late fee)

Competitors participating in events with music are required to upload their music to EntryEeze no later than **June 1, 2022 at 10pm ET**. After this date, skaters will be locked out of this feature and subject to a **\$25 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

All music must meet the following criteria. If you have questions about what format you have, please contact your coach and get a new version of your music that meets the criteria listed below.

MUSIC CRITERIA:

- File Format: MP3
- Bit Rate: 192 kbps or higher and Sample Rate: 44,100 kHz
 - This will be verified by the music chair and they may request you upload a corrected file.
- Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

Competitors must also bring a copy of their competition music on CD or digital copy (if you are accepting digital back up such as on a phone or memory stick) as a backup in case of technical difficulties and must be available rink side during the competition. Only CDs (standard CD-R format only) will be accepted for backups and must be clearly marked with the competitor's name, event, and running time.

EntryEeze PLANNED PROGRAM CONTENT (PPC):

DEADLINE: June 1, 2022, at 10pm ET * LATE FEE \$25

Competitors participating in IJS events are required to submit PPC in EntryEeze no later than **June 1, 2022 at 10pm ET**. After this date, skaters will be locked out of this feature in EntryEeze and subject to a **\$25 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

LIABILITY: U.S. Figure Skating, Commonwealth Games of Virginia, Tidewater Figure Skating Club and Chilled Ponds Ice Sports Complex accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM: The International Judging System (IJS) will be used for the following events:
Singles Well Balanced Program Free Skate events No Test through Senior
Singles Short Program events, Juvenile through Senior
Adult Pre-Bronze through Adult Masters Free Skate
Excel Pre-Preliminary through Senior
Showcase events will be scored according to the Component Judging System
The 6.0 Majority Judging System will be used for all other events

ONSITE CHECK-IN: Check-in will open one hour before the first day of competition and will be located in the lobby of Chilled Ponds Ice Sports Complex.

LOCKER ROOMS AND CHANGING AREAS:

Locker rooms and changing areas will not be available this competition. All athletes are expected to arrive to the arena ready (costumes, hair, make-up etc.). Athletes will be provided with an area to put skaters on and will be permitted to change in public restrooms.

PRACTICE ICE: Practice ice will be available for pre-purchase online only through EntryEeze. Phone, email and walk-in reservations will not be accepted. The fee to pre-purchase practice ice is \$15 per 20-minute session if arranged by the entry deadline, May 1, 2022 at 10pm. Skaters will need to go online after the entry deadline during the 'selection period' to select their practice time. After the designated 'selection period' but before the start of the competition, skaters may go online to purchase practice ice at a rate of \$20 per 20-minute session and may select from sessions with remaining availability. No walk-on practice ice available. Practice ice will be limited to 20 skaters.

PHOTO/VIDEO:

Photo: A photographer will be on site during the Commonwealth Games.

Video: Videography is included in your registration fee and will be available one week after the event. To access and download your videos, go to www.figureskate.video, click on the "events" tab and enter the password "skating2022." Download and save your videos to your local device. You can share this password with family and coaches. Videos will be available on the site for a minimum of one year. If you have any questions, you can reach Looking Glass Productions directly through the website.

Note, per U.S. Figure Skating policy, photographing and/or recording of anyone other than your own

skater is strictly prohibited.

AWARDS: Medals will be awarded to skaters placing first, second, or third in each event. Awards will be presented during each ice cut or more frequently pending covid protocols. Location TBD.

OFFICIAL NOTICES: An official bulletin board will be maintained at Front Lobby of Chilled Ponds. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

IMPORTANT NOTICE FOR ALL COACHES:

To be a credentialed coach at a sanctioned nonqualifying competition, coaches must meet the compliance requirements listed below and verified by the U.S. Figure Skating.

Coach/Choreographer (domestic/non-foreign):

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member.
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. *
 - The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. *
 - The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- ✓ Must complete the Professional Coach/Choreographer Coaching Education Requirement (CER) through the [Professional Skaters Association \(PSA\)](#).
- ✓ Must submit proof of general liability insurance with limits of \$1 million per occurrence/ \$5 million aggregate.
- ✓ Must agree to the U.S. Figure Skating Code of Ethics. *
- ✓ Must complete three waivers: 1) Assumption of Risk, Waiver and Release and Indemnification Agreement, 2) Medical Consent and 3) Name and Likeness Release and Consent Agreement. *
- ✓ If attending a qualifying competition or traveling as a part of Team USA and/or International Selection Pool (ISP), must be a full member of the [Professional Skaters Association \(PSA\)](#).

Learn to Skate USA Coach:

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member OR Learn to Skate USA instructor membership
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. *
 - The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. *

- The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- ✓ Learn to Skate USA Instructor Certification completed OR U.S. Figure Skating compliance coach (details above)

* Accessible via U.S. Figure Skating Members Only Website:

www.usfsaonline.org → Person Icon  or Account → Member Profile → Compliance

Foreign Coach/Choreographer:

- ✓ Required to present the LOC with a letter from their federation verifying they are a member in good standing.

For more information regarding Coach Compliance, please visit the [Coach Compliance](#) page.

VOLUNTEER INFO: If you are interested in volunteering, contact susanmorton7@hotmail.com.

CONTACT INFO: If you have questions, please contact Hannah Gubanc, Competition Chair at 757-797-4940 or hms5075@gmail.com. Or visit Tidewater Figure Skating website at: Skatetidewater.org

ADDITIONAL INFORMATION:

- Each skater under the age of 18 will be allowed one chaperone which is included in the registration fee. Any additional spectators, ages 10 & over, will be charged \$5 per day entrance fee. Credit Card payment only.
- [Book Your Lodging for the Competition](#) – Official Hotel Information. We are located in the Greenbrier section of Chesapeake, VA
- The closest airport is Norfolk International Airport (approximately 20 minutes away), 2200 Norview Avenue, Norfolk, VA
- [Merchandise](#) - will be onsite for purchase and you may be able to purchase online.
- Tidewater Figure Skating Club [website](#)
- Vendor Fees:

Package 1 - \$175 - one day set up and 1/4-page ad in the Figure Skating program

Package 2 - \$250 – two-three day set up

1/2-page ad in the Figure Skating program, logo/ link on the figure skating page

Program Ads – Full page (\$95), Half page (\$60), Quarter Page – (\$35)

Deadline May 30, all ads black and white, \$15 design fee if not print ready

- A tentative schedule will be available approximately 2 weeks after the close of registration. Please check EntryEeze and our club website for information.

SECTION 2: Events Offered and Entry Fees:

SEE CURRENT [RULEBOOK](#) OR [U.S. FIGURE SKATING WEBSITE](#) FOR RULES/REQUIREMENTS.

| U.S. FIGURE SKATING EVENTS | | | | |
|---|------------------|-----------------------------|-----------------------------|-------------------------------|
| SINGLES | IJS/6.0 | 1st EVENT | 2nd EVENT | 3rd + EVENT |
| Excel Free Skate | <i>IJS</i> | \$150 | \$85 | \$60 |
| Well Balanced Short Program | <i>IJS</i> | \$150 | \$85 | \$60 |
| Well Balanced Free Skate | <i>IJS</i> | \$150 | \$85 | \$60 |
| Adult Free Skate (Adult Pre-Bronze – Master Jr/Sr) | <i>IJS</i> | \$150 | \$85 | \$60 |
| Adult Beginner & High Beginner Free Skate | <i>6.0</i> | \$115 | \$60 | \$35 |
| PAIRS | JUDGING | 1st EVENT | 2nd EVENT | 3rd + EVENT |
| Short Program | <i>IJS</i> | \$150 | \$85 | \$60 |
| Free Skate | <i>IJS</i> | \$150 | \$85 | \$60 |
| Adult Pairs Free Skate | <i>IJS</i> | \$150 | \$85 | \$60 |
| PARTNERED ICE DANCE | JUDGING | 1st EVENT | 2nd EVENT | 3rd + EVENT |
| Pattern Dance | <i>6.0</i> | \$115 | \$60 | \$35 |
| Adult Pattern Dance | <i>6.0</i> | \$115 | \$60 | \$35 |
| SPECIALTY | JUDGING | 1st EVENT | 2nd EVENT | 3rd + EVENT |
| Compulsory Moves (No Test–Senior) | <i>6.0</i> | \$115 | \$60 | \$35 |
| Excel Compulsory Moves (Excel Beg.–Excel Prelim.) | <i>6.0</i> | \$115 | \$60 | \$35 |
| Adult Compulsory Moves (Adult Beginner–Masters Jr/Sr) | <i>6.0</i> | \$115 | \$60 | \$35 |
| Step Sequence (Pre-Pre.–Senior) | <i>6.0</i> | \$115 | \$60 | \$35 |
| Adult Step Sequences (Adult Pre-Bronze–Masters Sr) | <i>6.0</i> | \$115 | \$60 | \$35 |
| SHOWCASE – NEW EVENT IMPLEMENTATION** | JUDGING | 1st EVENT | 2nd EVENT | 3rd + EVENT |
| Individual Entertainment (No Test – Senior, Adult) | <i>component</i> | \$115 | \$60 | \$35 |
| Duets (No Test – Senior, Adult) | <i>component</i> | \$115 per team | NA | NA |
| Interpretive | <i>component</i> | \$115 | \$60 | \$35 |
| Mini Production Ensemble | <i>component</i> | \$200 per team | NA | NA |
| Production Ensemble | <i>component</i> | \$350 per team | NA | NA |
| Adaptive Individual Events | <i>component</i> | \$115 | \$60 | \$35 |
| Adaptive Unified Partner Events | <i>component</i> | \$115 per team | NA | NA |
| SOLO DANCE | JUDGING | 1st EVENT | 2nd EVENT | 3rd EVENT |
| Solo Pattern Dance (not participating in series) | <i>6.0</i> | \$115 | \$60 | \$35 |
| Solo Free Dance | <i>6.0</i> | \$115 | \$60 | \$35 |
| Shadow Dance | <i>6.0</i> | \$115 per | NA | NA |

| | | | | |
|--|-----|----------------|------|------|
| | | team | | |
| Adult Solo Pattern Dance | 6.0 | \$115 | \$60 | \$35 |
| Adult Solo Free Dance | 6.0 | \$115 | \$60 | \$35 |
| COMPETE USA EVENTS | | | | |
| Snowplow Sam-Basic 6 Program w/ Music | 6.0 | \$65 | \$35 | \$35 |
| Pre-Free Skate – Free Skate 1-6 Program w/ Music | 6.0 | \$65 | \$35 | \$35 |
| Adult 1-6 Program w/ Music | 6.0 | \$65 | \$35 | \$35 |
| Adult Free Skate (Beg. – Bronze) | 6.0 | \$65 | \$35 | \$35 |
| Snowplow Sam – Basic 6 Elements | 6.0 | \$65 | \$35 | \$35 |
| Pre-Free Skate – Free Skate 1-6 Compulsory Moves | 6.0 | \$65 | \$35 | \$35 |
| Compete USA – Team Compulsory | 6.0 | \$200 per team | NA | NA |
| Compete USA – Showcase (Duet/Trio) | 6.0 | \$115 per team | NA | NA |
| Compete USA – Solo Dance | 6.0 | \$65 | \$35 | \$35 |
| 2021-22 Compete USA Manual | | | | |
| SPECIAL OLYMPICS/ADAPTIVE SKATING | | | | |
| Special Olympics Badges | 6.0 | \$65 | \$35 | \$35 |
| Special Olympics – Free Skate Program, Pairs & Dance | 6.0 | \$65 | \$35 | \$35 |
| Skate United Badges | 6.0 | \$65 | \$35 | \$35 |
| Special Olympics Manual/Handbook | | | | |
| Adaptive Skating Manual | | | | |