

TWIN Hoops™ CORD Basketball Camp

Individual Contest Rules

Foul Shooting Rules: 5 Shots *GOLD Medal to OVERALL FT Champion*

1. Running Time - 6 minutes or Best of 5 FT Shots
2. Campers shoot 1 & rotate
3. Campers get 1 point for made shots
4. When time runs out - always go back to the person who started the round - **Everybody gets same number of shots**
5. Don't worry about younger campers stepping over the line - use own judgement - may have to let weaker camper shoot from shorter distance
6. Record scores on Contest Sheets
7. Top 2 players from each team by division compete for Championship on Friday.
8. **Champion from each division competes for the GOLD Medal (Overall FT CHAMP)!**

3 Point Shoot Out Rules: 5 shots *GOLD Medal to OVERALL 3PT Champion*

1. Running Time - 6 minutes or Best of 5 Shots
2. Campers shoot 1 and rotate (Top of Key or change spot daily)
3. Campers get 1 point for made shot
4. When time runs out - Finish round - **Everybody gets same number of shots**
5. Record scores on Contest Sheets.
6. Top 2 players from each team by division compete for Championship on Friday
7. **Champion from each division competes for the GOLD Medal (Overall 3PT CHAMP)!**

RECORD WINNERS FROM EACH TEAM EVERY DAY