

Shamrock Hill Run

5K & 1 Mile



March 12, 2016 - 8AM

Hosted by: Roanoke Catholic School

26th Anniversary!

Event

1 Mile Walk - 8:30 am
5K Road Race - 8:30 am

Saturday, March 12, 2016

Chip Timing for 5K!

Make Checks Payable to:

Virginia Amateur Sports
711-C 5th Street NE
Roanoke, VA 24016

Registration

\$25 (Till 11:59PM of Feb 15th)
\$30 (Feb 16th - 11:59PM of March 1st)
\$35 (March 2nd & after)

Register online or download your
entry form at:

www.CommonwealthGames.org

*Online Registration closes at 11:59PM on
March 8th.*

T-shirts not guaranteed if you register after February 26th.

Packet Pick-Up

Packets may be picked up at Roanoke
Catholic School - Upper School Gym on
Friday, March 11 from 4 to 7pm

OR

on race day from 7 am to 8am at Roa-
noke Catholic School - Upper School
Gym

Time & Results

Results will be posted on the following
websites:

www.MountainJunkies.net

www.CommonwealthGames.org

www.CommonwealthGames.org



Downtown
Roanoke
make it yours



Shamrock Hill Run

5K & 1 Mile Mail In Form

March 12, 2016 8:30 AM

Mail this form with check to:

Virginia Amateur Sports
711-C 5th Street NE
Roanoke, VA 24016



Name: _____

Address: _____

City, State, Zip: _____

Phone #: _____

Email: _____

Race: (circle one) 5K 1 Mile

Gender: Male Female

Birthday: _____

Age on March 12, 2016: _____

T-shirt Size: Youth S Youth M Adult S Adult M Adult L Adult XL
Adult XXL (\$2 additional charge)

T-shirts are not guaranteed if registered after February 26th

\$25 (Till 11:59PM of Feb 15th)

\$30 (Feb 16th - 11:59PM of March 1st)

\$35 (March 2nd & after)

Waiver: In consideration of being permitted to participate in the Shamrock Hill Run for myself, my heirs, executors, administrators and assignees, I do hereby release and forever discharge Roanoke Catholic School, Virginia Amateur Sports, City of Roanoke, Mountain Junkies and their respective officers, employees, agents, subsidiaries, sponsors and affiliates, and all those persons involved in organizing and staffing this event from all claims, demands, losses, damages, actions, causes of actions or suits of whatsoever kind or nature, arising out of my participation in the race on March 12, 2016. **There will be no refunds.**

Signature (If runner is under 18, parent or guardian must also sign):

Signature (Parent or guardian, if applicable)

