

Appalachian Power Festival Run

May 28, 2016 - 8AM



APPALACHIAN POWER

Festival Run 2016

Event

5K & 10K Road Race

Saturday, May 28, 2016

Simultaneous start for 5k & 10K

Disposable chips will be used!

Registration

\$25 (Till 11:59PM of May 13)

\$30 (May 14th—May 24th)

\$35 (Packet Pick Up & Race Day)

Register online or download your
entry form at:

www.CommonwealthGames.org

(Mail-in entries add an additional \$5)

Make Checks Payable to:

Virginia Amateur Sports (VAS)

711-C 5th Street NE

Roanoke, VA 24016

Packet Pick-Up

Packets may be picked up at Fleet Feet (4347 Franklin Rd, Roanoke, VA 24018) on Friday, May 27 from 3pm - 7 pm or on race day from 6:30 am to 7:30 am in Appalachian Power Garage (617 2nd St SW).

Time & Results

Results will be posted on :

www.MountainJunkies.net

www.CommonwealthGames.org

www.CommonwealthGames.org



Appalachian Power Run 5K & 10K - Mail-In Form

May 28, 2016 - 8AM

Mail this form with check to:
Virginia Amateur Sports (VAS)
711-C 5th Street NE
Roanoke, VA 24016



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Name: _____

Address: _____

City, State, Zip: _____

Phone #: _____

Email: _____

Race: (circle one) 5K 10K

Gender: Male Female

Birthday: _____

Age on May 28, 2016: _____

T-shirt Size: Youth S Youth M Adult S Adult M Adult L Adult XL

T-shirts are guaranteed if registered by May 9, 2016.

\$25 (Must be postmarked by May 13th)

\$30 (Postmarked May 14th—May 24th)

\$35 (Packet Pick Up & Race Day)

There is an additional \$5 fee for Mail in Entries

What does the 2016 Appalachian Power Festival Run mean to you?

Waiver: In consideration of being permitted to participate in the Appalachian Festival Run for myself, my heirs, executors, administrators and assignees, I do hereby release and forever discharge Roanoke Festival in the Park, Virginia Amateur Sports, Appalachian Power, Fleet Feet Sports, Mountain Junkies, City of Roanoke and their respective officers, employees, agents, subsidiaries and affiliates, and all those persons involved in organizing and staffing this event from all claims, demands, losses, damages, actions, causes of actions or suits of whatsoever kind or nature, arising out of my participation in the race on May 28, 2016. There will be no refunds.

Signature (If runner is under 18, parent or guardian must also sign):

Signature (Parent or guardian, if applicable)

