

The 2009 Coventry Commonwealth Games of Virginia
Sanctioned by
THE UNITED STATES FIGURE SKATING ASSOCIATION
Hosted by
The Charlottesville Figure Skating Club

FIGURE SKATING ENTRY INFORMATION

- Competition Dates:** Saturday, June 20th (Host club will be offering test session Sunday, June 21st if needed)
- Competition Site:** The Charlottesville Ice Park, 230 West Main St., Charlottesville, VA 22902
- Entry Deadline:** Entries must be postmarked by May 22nd, 2009. There will be a \$40 late fee after June 5, 2009. Checks or money orders should be made payable to Virginia Amateur Sports, Inc. There is an additional \$5.00 fee for all mail in registrations. Online registration is available at www.commonwealthgames.org. There will be no refunds after June 5, 2009.
- Entry Fees:**
- Individual Events: \$75.00 for each individual event except
 - \$50.00 for short program events
 - \$45.00 for Beginner 1-4 solo events
 - \$25.00 for each additional event
 - Partnered Dance: \$70.00 per couple (\$35.00 each skater)
 - Team Entertainment/Production \$55.00 per team plus \$10.00 for each skater (\$3.00 extra if registration is done by mail)

Entry Instructions:

ON-LINE Registration – www.commonwealthgames.org

MAIL-IN Registration – Virginia Amateur Sports, INC. 711-C 5th Street NE, Roanoke, VA 24016

Awards: Medals will be awarded to all first, second and third-place winners in each division.

Schedule: A schedule will be available on line at www.icepark.com.

Practice Ice: Practice Ice will be available before the start of the competition. Please email Lindsay Tilley at ltilley@icepark.com to schedule practice ice.

Registration: A registration desk will be opened in the lobby of the Charlottesville Ice Park one hour prior to the competition and will remain open during the scheduled events. Skaters should register **at least one hour prior** to their event.

Music: ONLY CD's will be accepted. CD's may only have one piece of music on it. Competition music must be turned in one hour before the event at registration and picked up from the registration desk at the completion of the event. The Charlottesville Figure Skating Club accept no responsibility for breakage, damage or loss of music, but will take every precaution possible to protect them. It is recommended that competitors have an extra competition cassette or CD available.

Rink Description: The ice surface is 185' x 85' with rounded corners and hockey barrier. The rink is located at 230 West Main St, Charlottesville, VA 22902. The facility has a snack bar, pro-shop, and locker rooms. Outside food and drink will not be allowed to be brought inside. Dressing rooms are available. There are bleacher seats for watching the events.

Computation of Results: The current USFS accounting procedures will be used. We will be using the 6.0 system of judging.

Age Divisions: Age divisions are determined by age on May 23rd, 2008. Age divisions may be further broken down to equalize group size.

Adult Participation: Adults 19 years and older will compete in separate events in all divisions unless they choose to compete with skaters under 19 years of age. The choice to compete with younger skaters must be so indicated in a letter accompanying their entry.

Policies and Procedures:

1. United States Figure Skating (USFS) 2009-2010 rules will be used as guidelines for judging all events. Skaters may skate less than the time indicated. Maximum times are given to accommodate ISI programs.

2. This competition will be sanctioned by USFS, although membership in USFS is not required to enter the Coventry Games of Virginia.
3. Skaters may compete at level qualified or can skate up one level but may compete in only one event from each category. Athletes are also responsible for verifying age, residency and test level, if challenged.
4. Non-USFS members may contact the State Games figure skating coordinator Tiffany Thornton at sectiffsk8@cs.com or Stephanie Floyd at stphneflyd@yahoo.com to determine correct skating level or any other questions.
5. All skaters must reside or skate regularly in Virginia or may reside in another State provided that their State does not offer a State Games.
6. Combining Events-The Competition Committee reserves the right to combine events. Boys and girls may skate together in some events.
7. The 6.0 system of judging will be used.

Competition Apparel: Competition costumes are to be modest, dignified and appropriate for athletic competition. They may reflect the character of the music but should not be too theatrical. (This does not pertain to spotlight/showcase costumes.) Ladies' hips and posteriors should not be exposed. Any application of beading, etc. should be firmly affixed. Deductions for violations are 0.1-0.2 in the second mark.

Competition Manager: Tiffany Thornton sectiffsk8@cs.com, 434-817-2400 ext. 206 or Lindsay Tilley ltilley@icepark.com 434-817-2400 ext. 202

State Coordinator: Stephani Floyd stphneflyd@yahoo.com

Referee: Bonnie Boaz

Accommodations:

Omni Hotel
(434) 971-5500

Hampton Inn and Suites at the University
(434) 923-8600

Hilton Gardens
(434) 979-4442

Courtyard Marriott
(434) 973-7100

**All of these hotels are very close to the rink. Parking can be tricky with our facility. Please park in either the Omni parking garage or Water Street Parking garage so that we can validate your parking fee. Just be sure to bring in your parking ticket to the front desk to be stamped.

COMPULSORY MOVES:

Skaters will perform specific maneuvers as indicated in the requirements below. Compulsories are skated in a routine without any music on half ice surface. Moves may be done in any order, but each listed move must be attempted and may only be attempted once. Deductions will be made for added, repeated, or omitted elements. Connecting footwork and choreography are encouraged but excessive footwork and added elements will be penalized. All Duration is +/- 10 seconds. 1, 2, 3, place will qualify for SGA.

| <u>Category</u> | <u>Elements</u> | <u>Duration</u> |
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| Compulsory FS 1/ Basic Skills Low | Two foot spin, bunny hop, 5 forward crossovers in both directions, lunge Code 301 | 1 min |
| Compulsory FS 2/ Basic Skills High | Two foot spin, waltz jump – mazurka – waltz jump combination, forward outside three turns both directions, and T-stop Code 303 | 1 min. |
| Compulsory FS 3/ Basic Skills Graduate | One foot spin, salchow, waltz jump toe loop combination, backward spiral, 8 step Mohawk combination one direction. Code 305 | 1 min. |
| Compulsory FS 4/ No Test | Flip jump, combination waltz jump-toe loop, one foot spin, forward spiral. Code 307 | 1 min. |
| Compulsory FS 5/ Pre-Preliminary | Lutz jump, forward sit spin, combination waltz jump-loop jump, backward spiral Code 309 | 1min. |
| Compulsory FS 6/ Preliminary | Axel, jump combination consisting of two single jumps, spin combination with one change of position, spiral sequence. Code 311 | 1 min. |
| Compulsory FS 7/ Pre-Juvenile | Axel – loop combination, spin combination with one change of position and one change of foot, split jump, circular footwork. Code 313 | 1 min. 30 sec. |
| Adult Pre-Bronze | Bunny Hop; Two foot upright spin; Waltz jump; Half flip Code 315 | 1 min. |
| Adult Bronze | Salchow; Waltz/toe loop combination; One foot upright spin; forward spiral Code 317 | 1 min. |
| Adult Silver | Loop jump; single/single jumps combination; sit spin; backward spiral Code 319 | 1 min. 30 sec. |
| Adult Gold | Flip jump; single/single jump combination; camel spin, straight line footwork sequence Code 321 | 1 min 30 sec. |

SOLO FREESKATE RESTRICTED

Skaters may enter Restricted or Unrestricted Freeskate, but not BOTH. Competitors may skate to the music of choice. Vocals may be used for the Beginner 1 thru Beginner 5 level. No vocal music for the Pre-Preliminary thru Adult Gold Levels of skating. Deductions WILL be made for skaters including elements not permitted in the event description. Jump rotation counts will be as set forth in the current US Figure Skating Rule Book list of Jumps and current ISI Test Standards for Free Skate. Beginner events are limited to the elements listed and those from lower levels. All programs have a +/- 10 second leeway. 1, 2, 3, place will qualify for SGA.

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| Beginner 1 | Forward skating or marching, two-foot glide and dip, forward svizzles, one foot glide, backward swizzles. No complete tests higher than USFS Basic 2 or ISI Pre-Alpha. 1:00 minute in duration. Code 350 |
| Beginner 2 | Forward stroking, forward crossovers, forward 1 foot glide, backward swizzles, backward 1 foot glide, snowplow stop. No spirals allowed. No complete tests higher than USFS Basic 3 or ISI Alpha. 1:00 minute in duration. Code 352 |
| Beginner 3 | Backward stroking, backward crossovers, backward 1 foot glide, two foot turns, forward Mohawks. No spins allowed, no jumps allowed except bunny hops. Forward straight line spirals are allowed. No complete tests higher than USFS Basic 5 or ISI Gamma. 1:00 minute in duration. Code 354 |
| Beginner 4 | Forward spins limited to two foot upright spins. No jumps except ballet, mazurka, or bunny hops. Connecting moves should be demonstrated throughout the program. No complete tests higher than USFS Basic 8 or ISI Delta. 1:00 minute in duration. Code 356 |

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| Basic Skills High | Forward spins limited to one foot upright spins. No layback spins. Jumps with not more than half rotation. Connection moves should be demonstrated throughout the program. No tests higher than USFS Free Skate 3 or ISI Freestyle 2. 1:30 minute in duration. Code 358 |
| Pre-Preliminary | Spins in the upright position. Jumps with not more than one-half rotation and the following single rotation jumps: salchow, toe-loop, toe-wally, and half-loop. Connecting moves should be demonstrated throughout the program. No complete tests higher than USFS Pre-Preliminary or ISI Freestyle 3. 1:30 minutes in duration. Code 360 |
| Preliminary | Spins in an upright position and forward sit spins. Jumps with not more than one rotation (no axels). Connecting moves should be demonstrated throughout the program. No complete tests higher than USFS Preliminary and ISI Freestyle 4. 1:30 minutes in duration. Code 362 |
| Pre-Juvenile | Any spin position. No spins commenced with a jump. Jumps with not more than one and a half rotations. One step sequence straight line, circular, or serpentine fully utilizing ice surface. No complete tests higher than USFS Pre-Juvenile and ISI Freestyle 5. 2:00 minutes in duration. Code 364 |
| Juvenile | Any spin position. Spins commenced with a jump are permitted. Jumps with not more than one and a half rotations and the following double jumps; salchow, toe loop, and double loop. One step sequence straight line, circular, or serpentine fully utilizing ice surface. No complete test higher than USFS Juvenile and ISI Freestyle 6/7. 2:00 minutes in duration. Code 366 |
| Intermediate | Any spin position. Spins commenced with a jump are permitted. Any single jumps and double jumps except double axel. One spiral sequence fully utilizing ice surface. No complete tests higher than USFS Intermediate and ISI Freestyle 8/9. 2:30 minutes in duration. Code 368 |
| Adult Pre-Bronze | Spins in an upright position. Jumps with not more than one-half rotation. No complete tests higher than USFS Adult Pre-Bronze and ISI Freestyle 2. 1:30 minute in duration. Code 374 |
| Adult Bronze | Spins in an upright position. Jump with more than one-half rotation and the following single jumps: salchow, toe loop, toe wally. No complete tests higher than USFS Adult Bronze and ISI Freestyle 3. 1:30 minutes in duration. Code 376 |
| Adult Silver | Spins in upright position or forward sit spin. Jumps with not more than one rotation (no axels). No complete tests higher than USFS Adult Silver and ISI Freestyle 4. 2:00 minutes in duration. Code 378 |
| Adult Gold | Any spin position. No spins commenced with a jump. Jumps with not more than one rotation (no axels). No complete tests higher than USFS Pre-Juvenile and ISI Freestyle 5. 2:00 minutes in duration. Code 380 |

SOLO FREESKATE UNRESTRICTED:

Skaters may enter either Restricted or Unrestricted solo events, but not both. In this division skaters are allowed more freedom to include higher moves than those in the restricted event but are still required to comply with the “well balanced program” requirements outlined in the current USFS Rule Book. Skaters may skate up one level from their free skate test level for this event. Vocals are not allowed in music. All programs have a +/- 10 sec leeway. 1, 2, 3, place will qualify for SGA.

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| No Test | No complete USFS Free Skate test except Skating with Us. ISI Freestyle 4. 1:30 minutes in duration. Code 400 |
| Pre-Preliminary | Complete USFS Pre-Preliminary Free Skate Test but no higher. ISI Freestyle 5. 1:30 minutes in duration. Code 402 |
| Preliminary | Complete USFS Preliminary Free Skate Test but no higher. ISI Freestyle 6. 1:30 minutes in duration. Code 404 |
| Pre-Juvenile | Complete USFS Pre-Juvenile Free Skate Test but no higher. ISI Freestyle 7. 2:00 minutes in duration. Code 406 |
| Juvenile | Complete USFS Juvenile Free Skate Test but no higher. ISI Freestyle 8. 2:15 minutes in duration. Code 408 |
| Intermediate | Complete USFS Intermediate Free Skate Test but no higher. ISI Freestyle 9. 2:30 minutes in duration. Code 410 |
| Novice | Complete USFS Novice Free Skate Test but no higher. ISI Freestyle 9-10. Ladies – 3:00 minutes in duration Men – 3:30 minutes in duration Code 412 |
| Junior | Complete USFS Junior Free Skate Test but no higher. ISI Freestyle 10. Ladies – 3:30 minutes in duration Code Men – 4:00 minutes in duration Code 414 |
| Senior | Complete USFS Senior Free Skate Test but no higher. ISI Freestyle 10. Ladies – 4:00 minutes in duration Code Men – 4:30 minutes in duration Code 416 |

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| Adult Pre-Bronze | Must be 19 years or older. Adult Pre-Bronze test or no test. No Axel or doubles. 1:30 minutes in duration. Code 418 |
| Adult Bronze | Must be 19 years or older. Adult Bronze or Pre-Bronze test. No Axel or doubles. 1min. 40 sec. 1:30 minutes in duration. Code 420 |
| Adult Silver | Must be 19 years or older. Adult Silver or Bronze test. No doubles. 2:00 minutes in duration. Code 422 |
| Adult Gold | Must be 19 years or older. Adult Gold or Silver test. Unlimited. 2:30 minutes in duration. Code 424 |

SOLO FREE SKATE SHORT PROGRAM:

Skaters will perform specific maneuvers to music of their own choice. Skaters may enter at their same or any higher level than their solo free skate event. Skaters may not repeat jumps or spins, or include any additional jumps or spins. Deductions will be made for added elements. Connection footwork and choreography are encouraged. 1, 2, 3, place will qualify for SGA.

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| Intermediate | As set forth in the USFS competition standards 2:00 minutes in duration Code 330 |
| Novice | As set forth in the USFS competition standards 2:30 minutes in duration Code 332 |
| Junior | As set forth in the USFS competition standards 2:50 minutes in duration Code 334 |
| Senior | As set forth in the USFS competition standards 2:50 minutes in duration Code 336 |

DANCE: Couples or Solo (Specify on entry if couple or solo dance) **The number of patterns to be skated are the same as for the test. 1, 2, 3, place will qualify for SGA.**

| <u>Category</u> | <u>Qualifications/Elements</u> |
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| Preliminary/ Dance 1 | Cannot have passed all Pre-Bronze. Selected dance: Rhythm Blues Code 550 – Couple Code 750 |
| Pre-Bronze/ Dance 2 | Cannot have passed all Bronze. Selected dance: Cha Cha Code 552 - Couple Code 752 |
| Bronze/ Dance 3 | Cannot have passed all Pre-Silver. Selected dance: Willow Waltz Code 554 – Couples Code 754 |
| Pre-Silver/ Dance 4 | Cannot have passed all Silver. Selected dance: 14-Step Code 556 – Couples Code 756 |
| Silver/ Dance 5 | Cannot have passed all Pre-Gold. Selected dance: Rocker Foxtrot Code 558 – Couples Code 758 |
| Pre-Gold | Cannot have passed all Gold. Selected dance: Paso Doble Code 560 – Couples Code 760 |
| Gold | Cannot have passed all Internationals. Selected dance: Quickstep Code 562 – Couples Code 762 |
| Adult Preliminary | Must be 19 years or older. Cannot have passed all Pre-Bronze. Selected dance: Rhythm Blues Code 564 – Couples Code 764 |
| Adult Pre-Bronze | Must be 19 years or older. Cannot have passed all Bronze. Selected Dance: Cha Cha Code 566 – Couples Code 766 |
| Adult Bronze | Must be 19 years or older. Cannot have passed all Silver. Selected Dance: Willow Waltz Code 568 – Couples Code 768 |
| Adult Pre-Silver Open | Must be 19 years or older. Open. Selected dance: 14-Step Code 570 – Couples Code 770 |
| Adult Silver Open | Must be 19 years or older. Open. Selected dance: Rocker Foxtrot Code 572 – Couples Code 772 |

SOLO FOOTWORK:

Freestyle skaters perform a one-minute program to music using various turns and connecting steps with limited jumps of no more than ½ rotation and spins less than 3 revolutions. Skaters are judged on correct turns & edges as well as flow, variety of moves and choreography. All duration is +/- 10 second leeway. 1, 2, 3, place will qualify for SGA.

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| Bronze | No test higher than USFS Pre-Preliminary (MIF or FS) or ISI FS 4 Code 590 | 1 minute |
| Silver | No test higher than USFS Pre-Juvenile (MIF or FS) or ISI FS 5 Code 592 | 1 minute |
| Gold | No test higher than USFS Intermediate (MIF or FS) or ISI FS 6 Code 594 | 1 minute |
| Platinum | No test higher than USFS Novice (MIF or FS) or ISI FS 8 Code 596 | 1 minute |

SPOTLIGHT/SHOWCASE:

Same requirements for each level as listed under Free Skating. Routines may be fun, entertaining, emotional, or portrayal of characters, using costume and props. Emphasis is placed on the theatrical and entertainment value of the skater's performance, rather than on the technical accuracy of specific maneuvers (no mark for technical merit). There are no required elements in the Spotlight/Showcase events. Props, if used, are limited to those skaters can hand-carry or push onto the ice themselves in 30 seconds. Skaters may not be assisted with getting their props on or off the ice or with setup. Skaters may not be given off-ice assistance or participation during their number. Live props are not permitted. Props may not be flame, dry ice, smoke oriented, or any substance that will alter the surface of the ice. Use caution with glitter, feathers, etc. All duration has a +/- 10 leeway. 1, 2, 3, place will qualify for SGA.

Solo Event:

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| Showcase Basic | No Free Skate tests except USFS Basic Skills or no higher than ISI Delta 1:00 minute in duration. Code 600 |
| Showcase Bronze | No tests higher than Pre-Preliminary or ISI 3 1:30 minutes in duration. Code 602 |
| Showcase Silver | No test higher than Pre-Juvenile or ISI 5 1:30 minutes in duration. Code 604 |
| Showcase Gold | No test higher than Intermediate or ISI 7 2:00 minutes in duration. Code 606 |
| Showcase Platinum | Novice, or above (MIF or FS)/ISI FS8 or above 2:30 minutes in duration. Code 608 |
| Adult Basic | 19 or older, Basic Skills 1-8/ISI Pre-Alpha to Delta 1:00 minutes in duration. Code 610 |
| Adult Bronze | 19 or older, No Test, Adult Pre-Bronze, or Adult Bronze/ISI FS 1-3 1:30 minutes in duration. Code 612 |
| Adult Silver | 19 or older, Adult Silver/ISI 4&5 2:00 minutes in duration. Code 614 |
| Adult Gold | 19 or older, Adult Gold and Adult Masters (all levels)/ISI 6&7 2:30 minutes in duration. Code 616 |

SOLO ARTISTIC:

Skaters perform a program to music with emphasis on strong edges, flow, choreography, innovative moves and musical interpretation. There is no score for technical ability in this event. This event will not qualify any skater to SGA.

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| Pre-Bronze | No Free Skate tests except USFS Basic Skills or no higher than ISI Delta 1:00 minute in duration. Code 520 |
| Bronze | No tests higher than Pre-Preliminary or ISI 3 1:30 minutes in duration. Code 522 |

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| Silver | No test higher than Pre-Juvenile or ISI 5 1:30 minutes in duration. Code 524 |
| Gold | No test higher than Intermediate or ISI 7 2 minutes in duration. Code 526 |
| Adult Basic | 19 or older, Basic Skills 1-8/ISI Pre-Alpha to Delta 1:00 minutes in duration. Code 530 |
| Adult Bronze | 19 or older, No Test, Adult Pre-Bronze, or Adult Bronze/ISI FS 1-3 1:30 minutes in duration. Code 532 |
| Adult Silver | 19 or older, Adult Silver/ISI 4&5 2:00 minutes in duration. Code 534 |
| Adult Gold | 19 or older, Adult Gold and Adult Masters (all levels)/ISI 6&7 2:30 minutes in duration. Code 536 |

SOLO INTERPRETIVE:

Judged by local volunteers with expertise in related theatrical and entertainment fields. Quality of skating and movement to the rhythm of the music should be emphasized more than technical difficulty. Skaters will hear the music twice during their warm-up and one more time prior to taking the ice to compete. Skaters may not communicate with anyone other than the monitor once they have heard the music. This event will not qualify any skater to SGA.

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| Pre-Bronze | No Free Skate tests except USFS Basic Skills or no higher than ISI Delta Code 500 |
| Bronze | No tests higher than Pre-Preliminary or ISI 3 Code 502 |
| Silver | No test higher than Pre-Juvenile or ISI 5 Code 504 |
| Gold | No test higher than Intermediate or ISI 7 Code 506 |

TEAM ENTERTAINMENT:

Two to Twelve skaters do a routine for audience enjoyment. Teams must enter the level of the highest test member. Judging is by local volunteers with expertise in related theatrical and entertainment fields. Emphasis is placed on crowd appeal, costume design, and style. Props, if used, are limited to those the skaters can hand-carry or push on to the ice themselves in one trip. Skaters may not be assisted during the set up time and the set up is not to take more than thirty (30) seconds. Skaters may not be given off ice assistance during their number. No residue of any type may remain on the ice after the routine. Live props are not permitted. Props may not be flame, dry ice, or smoke oriented or any substance that will alter the surface of the ice.

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| Bronze | No Free skate, pair, couples, or free dance tests passed higher than USFS Pre-Preliminary, Adult Bronze, or ISI 3. Jumps with not more than one-half rotation and upright spins only. 1:30 minutes in duration. Code 395 |
| Silver | No free skate, pair, couples, or free dance tests passed higher than USFS Pre-Juvenile, Adult Silver, of ISI 5. Jumps with not more than one rotation (no axels) and no flying spins. 2:00 minutes in duration. Code 396 |
| Gold | No free skate, pair, couples, or free dance tests passed higher than USFS Intermediate, Adult Gold, of ISI 7. No double jumps. 2:30 minutes in duration. Code 397 |
| Platinum | USFS Novice or above (MIF or FS) or ISI 8 or above. 2:30 minutes in duration. Code 398 |

PRODUCTION:

This team event is for groups of 8 or more skaters. Team will be judged on the performance value of the program. There are no required maneuvers and no technical score for this event. The group should use music along with elaborate costumes and props to enhance the theme while creating an entertaining performance. Skaters from all levels can participate in this event. Props may not be flame or smoke oriented or stylize any substance that will alter the surface of the ice. No wet mops, whipped or shaving cream are allowed. Duration 4:30 minutes +/- 10 seconds. This event will not qualify any skater to SGA.

Code 399