



Virginia Amateur Sports, INC

711 5th Street NE, Suite C
Roanoke, Virginia 24016
Telephone: (540) 343-0987

www.CommonwealthGames.org

FOR IMMEDIATE RELEASE

Date: July 25, 2018

Contact: Charity E. Waldron
Director of Operations & Media Relations
(540) 343-0987

Olympian Buddy Lee to Host Jump Rope Clinic for Local Youth in Lynchburg

The 2018 Virginia Commonwealth Games Olympic guest speaker, Buddy Lee, will host a jump rope clinic at Jubilee Family Center on Friday, July 27, 10:30- Noon. Buddy Lee, will give an inspirational message about health and fitness and provide interactive opportunities with jump rope technics at the event. Welcoming the speaker and guests to the event will be Mayor Treney Tweedy.

Buddy Lee is a United States Olympian in Greco-Roman Wrestling, and won titles in three styles of wrestling including Freestyle, Greco-Roman and Sambo. He is a six times World Military Champion, 13 times World Medalist, 20 times USA & Armed Forces National Champion, voted Twice Best US Marine Athlete of the Year, 1996 US Olympic Torch Bearer and inducted into the National Wrestling Hall of Fame, African American and Old Dominion University Hall of Fame. Buddy Lee will be the Commonwealth Games headlining speaker at this year's Opening Ceremonies during the Main Games Weekend July 27-29 at Liberty University.

Attendees of the clinic include upwards of 175 central-city youth and multiple Commonwealth Games basketball teams from Jubilee Family Development Center. Sponsors of the Jumping with Jubilee clinic include Heritage Funeral Service and Blue Eagle Credit Union. Jersey Mike's Subs will provide lunch, and Dick's Sporting Goods is donating goodie bags, water bottles and gift certificates for attendees.

Virginia Amateur Sports, host of the Virginia Commonwealth Games, is the recipient of a grant from the Greater Lynchburg Community Foundation, and the Sackett-Graves Fund, to aid in supporting this community event. "VAS is excited to receive this grant and to use the funds towards providing opportunities for youth and adults in the Lynchburg and surrounding areas during the 2018 Virginia Commonwealth Games. Encouraging health and wellness through sports education and competition is a big part of our mission, and this is a tremendous opportunity to further our efforts," states Diane Williams, Marketing Director for VAS.

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